

Reducing Social Isolation in Communities

Stirlingshire Community Café's & Lunch Clubs December 2025

Town/ Village	Café / Lunch Group	Venue	Day/ Days/ Monthly/ Time operates	Group Leader/ Org	Web Site/ Contact details	Cost	Criteria
Balfron	Lunch Club	Church Hall	Every Thurs 12-2:00pm	Rae Wilson RVS	Balfron and Fintry Church: Lunch Club	£4	For residents in ward 2
Balfron	Tea/Coffee Morning	John McLintock Hall	Every Tues 11am-1pm	Start Up Stirling	Start Up Stirling info@startupstirling.org.uk	FREE	Open to all
Bannockburn	Tea/Coffee Morning	Bannockburn Hub	Every Wed (except last of month) 10:30-12pm	Catherine Morrison	bannockburnhub@stirling.gov.uk	FREE	Open to all
Bannockburn	Tea/Coffee Morning	Bannockburn Hub	Every Fri 9am-12pm	Start Up Stirling	Start Up Stirling info@startupstirling.org.uk	FREE	Open to all
Callander	Lunch Club	Kirk Hall	Every Wed 12:30-2:30pm	Start Up Stirling	Start Up Stirling info@startupstirling.org.uk	FREE	Open to all
Mercat Cross	Queen Street Hub. Lunch and food share.	Methodist Church, Queen Street	Every Wed 11-1:00pm	The Methodist Church	Queen Street Hub	FREE	Open to all
Mercat Cross	Community Dinner	Creative Stirling (upstairs).	Every Mon 5:30-7:30pm	Sara McMillan	The Kitchen at 44	Donations welcome	Residents of Mercat X and City Centre
Mercat Cross	Drop in Café. Tea, Coffee and chat	The Haven	Tues & Thurs 1:30-3pm	The Baptist Church	The Haven	FREE	Open to all
Cornton	Aunties Community Café & S4F Community Fridge	Cornton Community Centre	Every Tues 12-2pm	Julie Cheyene	julie@s4f.org.uk Aunties @ S4F Support For Families 01786 437388	FREE Donations welcome	Open to all
Cornton	Community Cafe	Cornton Baptist Church	Every Wed 11-1pm	Rev Hamish Wishart	rev@cornton.org.uk Latest news 07707 000328	FREE	Open to all

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Cornton	Community Cafe	Cornton Baptist Church	Every Wed 11-1pm	Rev Hamish Wishart	rev@cornton.org.uk Latest news 07707 000328	FREE	Open to all
Cowie	Soup n blether, Cosy cup café	Cowie community centre	Every Tues 12-2:00pm	CRAG	Cowie Rural Action Group (CRAG)	FREE	
Cowie	Family Meal Time	Cowie community centre	Every Tues 3-4:30pm	CRAG	Cowie Rural Action Group (CRAG)	FREE	
Cowie	Cosy cup Café	Cowie community centre <i>Menu available with details</i>	Every Mon 11-2pm Tues 12-2pm Wed 9- 12pm Also open Mon, Tues & Wed evenings from 6pm to 8pm	CRAG	Cowie Rural Action Group (CRAG)	<ul style="list-style-type: none"> • Baked Pots £3.50 • Filled Rolls £2 • Toasties from £2 • Drinks from 50p 	
Cowie	The Munch Bunch Café	Cowie community centre	Every Wed 9.30–12pm <i>FREE playtime</i>	CRAG	Cowie Rural Action Group (CRAG)	Food & drink avail to buy	
Cowie	Over 50's lunch group	Cowie community centre	Every Thurs 12-2:00pm <i>Followed by Bingo</i>	CRAG	Cowie Rural Action Group (CRAG)	£5 incl. bingo	
Killin	Lunch Club	Sports Pavillion	Every Thurs 12:30-2:30pm	Start Up Stirling	Start Up Stirling info@startupstirling.org.uk	FREE	Open to all
Plean	Community Meal	Balfour community centre	Every Mon 12-2:00pm	Plean's Voice	Plean's Voice	FREE	Until 23 Dec
Plean	Soup n sandwiches & <i>Game of bingo</i>	William Simpson Care Home	Every Mon 12-1:30pm <i>Free soup and a sandwich, tea, coffee and biscuits</i>	William Simpson Home		FREE Bingo's £2	
Fallin	The Grub Hub	Alpha Centre	Every Thurs 6.30-8.30pm <i>Community meals</i>	FCV and Polmaise Community Council	Fallin Community Voice	FREE	Until February 2026, may continue depending on funding
Hillpark	Coffee Morning	Ladywell Church, Morrison Drive	Third Sat of every month 10-12pm	Ladywell Church	Ladywell Church	FREE	