

16 DAYS OF ACTION

Welcome to **16 Days of Action - Tackling Violence against Women and Girls in Scotland 2019.**

This booklet gives you information about the international campaign together with dates for local events and initiatives in Stirling and Clackmannanshire.

Please come along to one of the events and help us to make the 16 Days a time when we all speak out collectively against violence, creating a world that does not tolerate violence and is safe for anyone suffering from gender-based violence.



**Tackling Violence Against Women and Girls
in Scotland**
25th November - 10th December

Supported by:

Stirling Gender-based Violence Partnership and Clackmannanshire Violence Against Women Partnership



FIRE AND RESCUE SERVICE



What is the 16 Days of Action?

The '16 Days of Action' is an international campaign that calls for the elimination of violence against women and children. It was started by the Centre for Women's Global Leadership in 1991.

The 16 Days run from November 25th (International Day for the Elimination of Violence against Women) **through to December 10th** (International Human Rights Day).

Whilst this campaign focuses specifically on male violence against women, it recognises that all genders can be subjected to gender based violence, in all its forms. We know, however, that in the vast majority of cases these acts are carried out by men against women, reflecting the continuing inequalities between men and women in society.

The events outlined and information available in this booklet are aimed to raise awareness of the wide range of help that is on offer. We want to open up spaces for those who are currently experiencing, or have experienced gender based violence, to speak about what is happening, or has happened, without fear or prejudice, ridicule or judgement. Please share this booklet, come along to one of the events detailed and make the 16 Days a time when we all speak out against violence to create a safer world for women and girls.



1 in 3

**women experience physical or sexual violence
mostly by an intimate partner.**

Source: UN Women, 2018. Facts and figures: Ending violence against women



"Women's Aid is rebuilding a broken, ill me from the person that was squashed, abused, bullied, mentally tortured and physically abused into the real happy mother I can be."

What are the 16 Days themes for 2019?

SCOTLAND

Domestic Abuse Act (Scotland) 2018

Scotland has led the way in bringing in ground-breaking legislation with the Domestic Abuse Act (Scotland) 2018 which came into force on 1st April 2019 that criminalises psychological domestic abuse and coercive and controlling behaviour. Through 16 Days there will be information and awareness-raising on the powers of the Act.

Building WELLthy Communities

Scottish Government is building a future for Scotland around 'Building WELLthy Communities' and using the five domains of wellbeing as a centre core of that work: social connectiveness, stability, safety, mastery and meaningful access to relevant resources. Fighting for the safety of women and girls is central to creating a WELLthy Scotland.

Sexual Harassment and Sexual Violence Campaign

16 Days of Action 2019 will focus on the fact that while figures for many reported crimes in Scotland are going down, sexual offences continue to rise and have been on a longer-term upward trend since 1974. In 2018/19 2,293 rapes were reported to police in Scotland and increase on the year before - and in the same period 13,547 sexual offences were reported - an increase of 8% on the previous year.

'Ask Angela'

The national campaign to help women and girls who find themselves in difficult and potentially unsafe situations through dating can ask a member of staff in a bar/club for 'Angela', and they would understand the situation and call for a taxi or help you to leave discreetly. This campaign is being launched in Alloa for the first time.

FORTH VALLEY

The Meadows - open now by NHS Forth Valley

The Meadows is a dedicated service for adults and children who have experienced sexual assault, rape or gender-based violence. It can be difficult to talk about what has happened, however at The Meadows they are dedicated to offering support which will meet individual needs.

Women and Young People with Additional Support Needs

Protecting the most vulnerable people from sexual violence is the local 16 Days focus for 2019 with a range of training and targeted events highlighting the challenges of protecting and ensuring there is awareness of this issue.

Safe and Together

Clackmannanshire and Stirling Councils, in conjunction with respective Women's Aid groups, are using a new type of approach to improve outcomes for all families affected by domestic abuse. This program helps workers to partner with domestic abuse survivors; aims to keep the children 'safe and together' with the survivor and hold the perpetrator of the abuse to account, to enhance the safety and wellbeing of children.

Why does it matter?

Violence worldwide

- Globally, as many as 38% of murders of women are committed by a male intimate partner
- 83 million to 102 million women (45 per cent to 55 per cent of women) in the EU – 28 million have experienced sexual harassment since the age of 15

Gender inequality costs

- Women are twice as likely to rely on social security due to increased risk of poverty
- Unpaid carers, around 60% of whom are women, save Scotland an estimated £10.8 billion per year
- The economic value of the unpaid care provided by women in the UK is estimated to be £77 billion per year
- Women are four times as likely to give up paid work due to multiple caring responsibilities, and are more likely to be in low-paid, part-time employment than male carers

Public costs of Violence Against Women

- In 2016-17, there were 58,810 domestic abuse incidents reported to the police, with only 10,800 convictions from these
- More than 20% of operational police time is spent responding to domestic incidents

In 2017-18 there were 808 domestic abuse incidents in Stirling and 831 in Clackmannanshire



Every week, another two women escape domestic violence.



**Violence Against Women
and Girls costs Scotland
£4 billion.**

**Domestic abuse costs the
Scottish public purse
£2.3 billion.**

Source: Scottish Government, 2016. Equally Safe: Scotland's Strategy to prevent and eradicate violence against women and girls.

"Now I have my life back. The support I have had from the Outreach Service has given me confidence that I can deal with things myself. I feel like a person again. They have been absolutely amazing. They gave me hope."



Day 1 : 25th November Opening Conference - Albert Hall, Stirling 9.30am - 4pm

16 Days of Action will kick off with all partners joining together along with renowned experts and those who have had lived experience to discuss the importance of the new Domestic Abuse Act (Scotland) 2018 and how it will provide for the first time a framework to fight coercive control, along with other themes of the campaign.

LUKE HART

One of the Hart brothers who has fought to have changes made to the law to protect those suffering from coercive control will open the conference. He will share his living testimony of his father's control in a moving testament to his mother and sister.



CLARE McKEOWN

Stirling University - Communicating the Continuum of Male Violence: Lessons from Scottish Anti-MVAW Campaigns

This talk will explore what lessons can be learned from ground-breaking Scottish anti-men's violence against women campaigns about how to communicate with the public and challenge myths about men's violence against women.

KATHRYN FAIRFIELD, POLICE SCOTLAND

Covering the Domestic Abuse (Scotland) Act

HAZEL SOMERVILLE NHS FORTH VALLEY

Outline the role of the new Meadows Sexual Assault Forensic Centre in Larbert.

JILL STEVENSON

Dean of Equality, Diversity and Inclusion/Director of Student Services, University of Stirling

#IsThisOK awareness raising campaign and the bystander intervention training at the University of Stirling.

MARIE HARKNESS

Midwife and Researcher Stirling University

Talking about Domestic Abuse During Pregnancy and hearing Women's Experiences.

KEVIN CAMPBELL

NHS Health Scotland

Discussing Relationships, Sexual Health and Gender Based Violence around people with a Learning Disability.

JESSICA LINDOHF

Stirling and District Women's Aid

Describing the importance of the 'Safe and Together' approach for the region.

To reserve a place or for more information, please go to:

www.eventbrite.co.uk/e/16-days-of-action-coercive-control-and-domestic-abuse-conference-tickets-77841252281

Open to professionals, social workers, students and interested public supporters.

COERCIVE CONTROL LEAVES THE VICTIM INTIMIDATED, DEPENDENT, ISOLATED

"IT WASN'T ONE THING
HE DID, IT HAPPENED
BIT BY BIT. I COULD
NEVER PREDICT
WHAT WOULD UPSET HIM."



YOU CAN GET HELP AND SUPPORT FROM:

Scotland's Domestic Abuse
and Forced Marriage Helpline:

0800 027 1234

SDAFMH.org.uk

WomensAid.scot
LGBTDomesticAbuse.org.uk
Respect.uk.net

 **scottish
women's aid**
changing attitudes changing lives

Charity No. SC001099
Registered company number SC12843

STIRLING & DISTRICT WOMEN'S AID

Stirling and District Women's Aid aims to offer support, information and temporary accommodation for women and their children who have been physically, emotionally or sexually abused by a partner or former partner.

01786 470897

email info@stirlingwomensaid.co.uk

www.stirlingwomensaid.co.uk

CLACKMANNANSHIRE WOMEN'S AID

Clackmannanshire Women's Aid has been supporting women and children in the Clackmannanshire area for over 40 years, providing information, support and safe refuge accommodation to abused women and their children.

01259 721407

www.clackswomensaid.org.uk

Both organisations provide women's support service, refuge accommodation, follow on support and Outreach to women, children and young people along with professional training.

To reserve a place or for more information, please go to
www.eventbrite.co.uk/e/16-days-of-action-coercive-control-and-domestic-abuse-conference-tickets-77841252281

Open to professionals, social workers, students and interested public supporters.

<<< A series of posters have been created by Scottish Women's Aid to highlight the new legislation

Day 2 : 26th November Speirs Centre, Alloa

THEATRE PERFORMANCE & AWARENESS-RAISING SESSION

Speirs Centre 9.30-1.00pm

As part of this year's '16 Days of Action', Shakti Women's Aid is holding awareness-raising sessions (Forth Valley & Edinburgh) to look into additional barriers BME women and children face due to their complex immigration status.

All women should be protected regardless of their race, ethnicity, nationality or immigration status

To book a place, please go to:

For Forth Valley/Clackmannanshire

www.eventbrite.co.uk/e/no-recourse-no-safety-tickets-77324948001?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=escb&utm-source=cp&utm-term=listing

For Edinburgh

www.eventbrite.co.uk/e/no-recourse-no-safety-tickets-77328376255

LIBRARIES

Information about the campaign, local support services and reading lists will be available in various libraries.

For more information, please go to:

www.clacks.gov.uk/culture/libraryservice

my.stirling.gov.uk/libraries-archives

POETRY BY NADINE AISHA JASSAT

Speirs Centre, Alloa 2pm



Nadine Aisha Jassat (Nadine Aisha) is a poet, writer, creative practitioner known for combining the creative arts with social justice. In 2017 she was named as one of '30 Inspiring Women Under 30' by YWCA Scotland, and in 2018 she was awarded a prestigious New Writers Award from the Scottish Book Trust, and shortlisted for the UK's largest poetry prize, the Edwin Morgan Poetry Award.

Nadine will read poetry and a discussion will follow

Tickets are free but need to be booked in advance by calling 01259 452262.

TOXIC TRIO TRAINING

Working with Children affected by Domestic Abuse, Parental Substance Misuse and Parental Mental Health Issues

Theatre Bar, Alloa Town Hall, 9.30-4.30pm

Booking via email to: od@stirling.gov.uk

Community Libraries and groups across the region are also running women and girls only sessions using books, films and TV series that cover the subject as a basis for open discussion. Information on ways to help, campaign and volunteer in communities to help those affected by domestic abuse will be provided.

More information at: www.ctsi.org.uk | www.sve.org.uk



Shakti Women's Aid

Shakti Women's Aid was formed in 1986 to help BME women, children, and young people experiencing, or who have experienced, domestic abuse from a partner, ex-partner, and/ or other members of the household.

They work closely with the Scottish Government, Police Scotland, NHS Scotland, and other statutory and voluntary services. They are based in Edinburgh. They also have outreach staff in Dundee, Stirling and Fife. They can offer support to BME women, and their advisers, all over Scotland by phone and email.

For more information, contact Shakti Women's Aid on **0131 4752399**
info@shaktiedinburgh.co.uk

POLICE SCOTLAND

Protecting vulnerable people is one of Police Scotland's four key priorities. Police Scotland is committed to providing a professional, sensitive and consistent service to all victims of gender-based violence. Gender-based violence can be complex and we recognise that a multi-agency approach provides the best outcomes for victims, their families and the wider communities across Scotland.

Domestic abuse accounts for around a quarter of all violent crime in Scotland, with police responding to a call in relation to domestic abuse roughly every 9 minutes. However this does not reflect the true scale of gender-based violence as we are aware that for a number of reasons

not all abuse is reported. The Domestic Abuse (Scotland) Act 2018 has provided Police Scotland with a real opportunity to enrich our practices as coercive and controlling behaviours have long been recognised as a significant factor of domestic abuse.

Police Scotland have a number of specialist resources and departments who work alongside officers within frontline policing to tackle gender based violence. This includes the Domestic Abuse Taskforce, the Domestic Abuse Co-ordination Unit and the National Rape Taskforce. The national units provide assistance to the dedicated teams working within Forth Valley Public Protection Unit at Larbert.

MEADOWS FORENSIC CENTRE - why is it so important?

The Meadows is a dedicated facility, providing a multi-agency service for children and adults who have experienced rape and sexual assault. By putting all the services needed to respond under one roof; healthcare, police and therapeutic support will be delivered from one place, providing a co-ordinated approach in supporting children and adults to recover from trauma. The care is actively personcentred with the aim being that the care is led by the survivor.

What do I do if I'm sexually assaulted or raped?

It is important that you try and speak to someone as soon as possible if you have been sexually assaulted. This could be the [police](#), your GP, local [sexual health services](#), an Emergency Department or [Rape Crisis](#). They will help you decide what to do next. Going to the police does not mean that you have to give a statement or undergo a medical examination. However the police can advise you of the options available. If you have been injured and need emergency care you should attend the closest Emergency Department for treatment.

How do I arrange to come to The Meadows?

At the moment, we do not offer a drop in service, so when you report your sexual assault or rape to the police, they will arrange for a specially trained officer to bring you to The Meadows.

For further information you can contact:

Hazel Somerville – Gender-Based Violence Lead
Amanda Jack – Gender-Based Violence Nurse Adviser

Telephone: [01324 574366](tel:01324574366) / [574368](tel:01324574368)

Email: fv-uhb.themeadows@nhs.net

Website: nhsforthvalley.com/health-services/az-of-services/the-meadows/

Police Scotland report that dealing with incidences of domestic abuse is the greatest single demand on their time,



with an average of **one** incident being reported to them every **nine** minutes.



Source: Police Scotland, 2018.



Day 3-4 : 27-28th November

TED^x

Clackmannanshire Resilience

x = independently organized TED event

The goal of our event is really simple, it is to challenge thinking and provide opportunities for our speakers and audience members to make new connections.

This event provides the opportunity to hear from 12 fantastic speakers from across a range of backgrounds and experiences. Breakout sessions will also be available with selected speakers but these will need to be booked in advance once you have received your tickets.

Book here: www.eventbrite.co.uk/e/tedx-talks-clacks-tickets-75644405453

WELLBEING SCOTLAND - INFORMATION DAY

Thursday 28th November 10am – 4pm

Albert Hall, Dumbarton Road, Stirling, FK8 2QL

Free event to promote general wellbeing

An event to highlight the kind of support that can be offered to people who have experienced gender-based violence including services and ways to improve wellbeing. Wellbeing Scotland are partnering with Reachout with Arts in Mind for this event.

Wellbeing Scotland, offers a diverse range of support services in recognition of the wide range of experiences which may impact on an individual or their family in different ways, at different stages of their lives. The range of support offered ensures that they can offer individuals a support pathway which suits their individual needs. Their services are open ended, in recognition of the fact that every individual's experience is different and unique to them as is their journey to recovery.

For more information, please contact
info@wellbeingscotland.org.uk
wellbeingscotland.org



wellbeing
scotland



Reachout
WITH ARTS IN MIND

Day 5 : 29th November - Training: followitapp

ASK ANGELA & THE NIGHT-TIME ECONOMY IN ALLOA

Alloa First office, High Street, Alloa 10am-12pm

Alloa First, the local Business Improvement District, which is the not-for-profit organisation that supports the business community and third sector organisations in Alloa, is holding an information session for all those working in the night-time economy, to launch for the first time the **Ask Angela campaign** in Alloa. To highlight their support for 16 Day, white ribbons will be hung from the planters through the town.

ALLOA FIRST

Alloa First carried out a comprehensive survey earlier in the year using the place-standard tool and 'feeling safe' was one of the top priorities of local people using the town centre. In response to that Alloa First is investing in a significant infrastructure of new CCTV cameras around the town centre and launching an Ask Angela and a Pubwatch scheme in 2020.

**alloa
first**

DID YOU KNOW THERE IS... FOLLOWITAPP

Have you experienced stalking? There's an app for that. FollowItApp is designed to help victim-survivors of stalking record what's happening to them. Created with victim-survivors of stalking, the app lets you keep a log of stalking incidents.

For more information:
followitapp.org.uk



TRAINING - FOLLOWIT APP TRAINING 6th December - 1.30-2.30pm Connect Centre, Alloa Booking to info@ctsi.org.uk

Scottish Women's Rights Centre consulted with victims/survivors of stalking and the workers who support them, and heard about the difficulties of recording stalking incidents and demonstrating a course of conduct. That's how the FollowIt App came about.

FollowIt App is a mobile app which allows the user to safely and securely record stalking incidents and create a log through multimedia content. The app is designed to complement Scots law, but can be used regardless of whether or not the user chooses to report to the police. The app is currently being launched in Forth Valley.

Day 7 : 30th November

FOOTBALL CLUBS & WHITE RIBBON CAMPAIGN

Thanks go to the football clubs across Forth Valley who are again showing their support for the 16 Days campaign by choosing a home match during the campaign to send out a message that violence against women is wrong via tannoy announcements, website and in the match day programmes.



Alloa Athletic FC will be supporting the campaign on 30th November.

Stirling Albion on 7th December

East Stirlingshire FC 7th December

Falkirk FC on 14th December

#Makeapromise

White Ribbon are specifically asking men to make the promise. Anyone over the age of 14 can take it. Over 35,000 people have taken the promise online.

For more information please contact Davy Thompson
Tel: 0141 406 5339 Davy@whiteribbonscotland.org.uk

WHITE RIBBON SCOTLAND Men against violence against women

White Ribbon UK was founded in 2005, and is part of the global movement to end male violence against women. We work with men and boys to challenge those male cultures that lead to harassment, abuse and violence.

Our volunteer ambassadors act as role models, engaging with other men and boys to call out abusive and sexist behaviour among their peers and promote a culture of equality and respect. The White Ribbon Accreditation programme ensures organisations take a strategic approach to ending male violence against women by engaging with men and boys, changing cultures and raising awareness.

White Ribbons will be available throughout 16 Days at locations and shops. Supporters are asked to pledge 'never to commit, condone or remain silent about violence against women'.



#dontbeabystander

At TRNSMT in summer 2019, a young woman was grabbed and sexually assaulted behind a toilet block. It only stopped when three men called out and took action – that may have saved her life.

Day 9 : 2nd December Conference for Young People – Forth Valley College, Alloa 10-2pm

IS THIS OK? - A WORKSHOP TO DEVELOP LEARNING AND THINKING AROUND GENDER, VIOLENCE AND CONSENT

The workshop will enable young people to develop their learning and thinking around gender, violence and consent through a range of practical activities. The young people will use their learning from the activities to create a series of consent-based statements to take back to their school for further discussion and engagement with peers.

16 Days of Action is an international campaign to eradicate violence through a gendered lens. This year's campaign focuses on vulnerable groups in our society.

For more information about the conference and to book a place, please contact Ann Salter, Lead Officer Child Protection, Clackmannanshire & Stirling Child Protection Committee on saltera@stirling.gov.uk

YOUTH COMMUNITY JUSTICE CONFERENCE – Lornshill Academy

The second Community Justice Conference for Modern Studies pupils will cover a wide range of information including 5 Ted Talk style presentations covering community payback, restorative justice, smart-justice evidence, social equality and the roots of justice system, and prevention approaches to gender-based violence.

For more details contact Richard Burrell at clrburrell@glow.sch.uk

DATES-N-MATES FALKIRK

Dates-n-mates Falkirk is part of Scotland's first dating and friendship agency run by and for people with learning disabilities. Membership is open to anyone aged 18 or over who has a learning disability.

As a project of C-Change Scotland, Dates-n-Mates supports members in creating meaningful friendships and relationships. We do this by providing a varied social events calendar, dating opportunities, training and volunteering opportunities for our members.

For more details on their upcoming events, please contact **0141 427 2957** or **07765 246336**
Email: dnmfalkirk@c-change.org.uk



Young people getting involved in 16 Days of Action

SCHOOLS

Pupils from High Schools across Forth Valley will be getting involved and shaping 16 Days of Action campaign to reflect their issues and what matters to them. Key messages will be tweeted every day, by students for students.

There will also be revolving classes for S2 covering key areas by local Violence Against Women partnerships and an art workshop which will be based on developing a logo for the Gender-based Violence Partnership in Stirling schools.

There are many curriculum links which can be developed through involvement in the campaign and for more support, please contact Helen Munro at HMunro@Clacks.gov.uk and MoffatF@stirling.gov.uk

FORTH VALLEY COLLEGE

As part of 16 Days of Action, Forth Valley College will be hosting the Conference for Young People as well as self defence classes at the Falkirk Campus on 25th November and 4th December.

There will be a White Ribbon stall for volunteers and a cycle at the Stirling Campus
equality@forthvalley.ac.uk

UNIVERSITY OF STIRLING

Following on from the previous success of the #IsThisOK awareness raising campaign, in partnership with the University of Stirling Students' Union, the University will be re-launching the campaign during 16 Days. Their ongoing commitment to tackling all forms of Gender-Based Violence - including sexual assault, harassment, stalking, abuse of power, illegal online image sharing and coercive control - is key to #IsThisOK.

The University of Stirling community fosters a culture of respect that does not tolerate – and feels comfortable to challenge and report – Gender-Based and sexual violence in Scottish society. This academic year they are further expanding their awareness raising and bystander intervention training for staff, students sports coaches, and sports club captains; launching a new tool for reporting, and hosting a support worker from Forth Valley Rape Crisis one day a week to complement the support that is provided by a team of trained University Sexual Violence and Misconduct Liaison Officers already on campus.

For more information go to their website www.stir.ac.uk/student-life/support-wellbeing/student-support-services/sexual-violence/

UNIVERSITY of
STIRLING



Ask yourself

#IsThisOk?

Day 10 : Tuesday 3rd December - Talk, Speirs Centre, Alloa 2pm



JUSTICE JOURNEYS – CONDUCTED BY DR OONA BROOKS-HAY

Dr Oona Brooks-Hay along with colleagues, Professor Michele Burman and Dr Lisa Bradley based at University of Glasgow have carried out a research on victims-survivors of rape and sexual assault and their end-to-end experiences of the criminal justice system. It comprises in-depth interviews who reported rape and or serious sexual assault in Scotland. The research seeks to develop greater understanding of victim-survivor experiences and perspective of criminal justice with a view of informing and improving policy and practice development in the area. Tickets are free but need to be booked in advance by calling **01259 452262**.

Day 11 : 4th December

OPEN EVENING AT STIRLING AND DISTRICT WOMEN'S AID - UNIT 7 STIRLING ARCADE, STIRLING

Wednesday 4th December 5-8pm

We are hosting an open event with cheese and a glass of wine to mark 16 Days of Action. Come in and find out more about our service and what we do. Learn about the work we do with women and children and what impact it has. The event is open to professionals, friends and prospective volunteers. Our staff and board will be on hand to answer any questions.

UPCOMING FREE WORKSHOP FOR SUPPORT WORKERS:

Needs must! Supporting healthy relationships and preventing harmful sexual behaviour

10am – 1pm. (Registration from 9.45am) - Lecture Theatre, Stirling Community Hospital, Livilands Gate, Stirling FK8 2AU

Half-day workshop for support workers working with adults with communication support needs in Forth Valley. Communication support needs includes a broad range of cognitive impairments and neurologically diverse conditions.

This workshop will give you:

- Increased awareness of the issues, with insight from lived experience
- Increased confidence to have difficult conversations
- Knowledge of where to go to for further advice
- Helpful tools and resources

Parking is free BUT limited, so early arrival is recommended.

Book your place: www.eventbrite.co.uk/e/needs-must-supporting-healthy-relationships-and-preventing-hsb-tickets-72227270711

STIRLING COUNCIL – BIG HUDDLE EVENT

9am to 12.30pm

As part of the quarterly Big Huddle event held by Stirling Council, senior managers can access information from stands though the day for services in the area designed to address violence against women. Staff will be encouraged to learn more about the services and continuing professional development in the field.



Consent Cafés

Forth Valley Rape Crisis Scotland is hosting a series of free consent cafes open to women and girls in the area. The consent cafes will be a safe space to discuss and explore what consent means in healthy relationships as well as the meaning of consent in the law.

Wednesday 4th December

Riverbank Resource Centre, Stirling 11-1pm

Thursday 5th December

Doyles Café & Deli, 78 Buchanan Street Balfron 11-1pm

Monday 9th December

Callander Youth Project, Brigend Callander 11-1pm

Day 13: 6th December

Open Mic Night

Surviving Violence: Feminist Open Mic Night

Lesser Hall, Albert Halls, Albert Place, Dumbarton Road, Stirling FK8 2QL 6:30pm - 9:00pm

Supported by Poetry and song Performances from Nadine Aisha Jassat, Lisa Rigby, Anila Mirza.

Bar and Food available. For booking please contact:

mridul.wadhwa@forthvalleyrapecrisis.org.uk

Forth Valley Rape Crisis

Forth Valley Rape Crisis provides free and confidential information, advocacy and support to anyone, over 13, in the Forth Valley area (Clackmannanshire, Falkirk and Stirling) affected by sexual violence. This includes survivors of sexual violence and their friends and families. We also provide advice, support and training to staff in other agencies who are working with survivors so they can provide a good response to survivors of sexual violence.

Tel: 01786 439244

email: support@forthvalleyrapecrisis.org.uk

www.forthvalleyrapecrisis.org.uk

Day 13 : Friday 6th December Scottish Prison Service - Glenochil Prison

SAFE & TOGETHER – UNDERSTANDING THE PROGRAM

Clackmannanshire and Stirling Councils, in conjunction with respective Women's Aid groups, are using a new type of approach to improve outcomes for all families affected by domestic abuse. This program helps workers to partner with domestic abuse survivors; aim to keep the children 'safe and together' with the survivor and hold the perpetrator of the abuse to account, to enhance the safety and wellbeing of children.

In partnership with Glenochil Prison, the new trainers will be outlining the program aims to families of convicted prisoners, social workers and prison officers.

MARAC & MATAAC – WHAT DO THEY MEAN?

MARAC (Multi Agency Risk Assessment Conference) and MATAAC (Multi Agency Tasking and Coordination) are key areas where partners meet regularly to discuss high risk victims of domestic abuse and the perpetrators responsible. At these meetings we collaborate on how best to support, and safeguard, the victims and their children and equally how to pro-actively target, disrupt and detect offenders. Police Scotland work to the Safelives guidelines on MARAC to reduce future harm. From January - October 2019 around 220 cases have been discussed at MARAC meetings across the Forth Valley area. No single agency holds all relevant information on a victim and the abuse they may be experiencing and MARAC provides the platform to share vital information between trusted partners, identify the level of risk presented by the perpetrator and produce multi agency action plans to reduce risk.



SPS
SCOTTISH
PRISON SERVICE

Day 16 : Tuesday 10th December - Community Planning Partners Closing Event - Alloa Cinema

Violence against Women remains highest in areas of deprivation and higher levels of poverty. Eradicating violence aligns with other strategic outcomes across the region including challenging and tackling poverty, improving gender pay disparity and ensuring the Living Wage, building inclusive growth and improving attainment.

During 16 Days of Action a focus through presentations will be provided at strategic lead meetings of Community Planning Partners including Clackmannanshire Alliance, Stirling Community Planning Partnership and Clackmannanshire & Stirling Health and Social Care Partnership.

The closing event will be inviting those partners and councillors to come together to give a commitment to eradicating violence

against women and girls both through direct action, training, awareness raising and campaigns but also by continuing to seek better outcomes through structural societal change for those most vulnerable in our society.

Updates of key themes, videos and living testimonies will be brought together and shared together with contributions from Community Justice Partnerships, Forth Valley Police and Scottish Prison Service, the business communities and third sector delivery partners across the region will to mark the end of 16 Days of Action.

This event will be a reflective time to share, review, gain learning and pledge commitments to ending violence for event in our communities and across Scotland.



On average,
women in Scotland earn
£182.90 per week
less than men



Source: Close the Gap, 2018. Women, work and poverty in Scotland: What you need to know

Thanks to all those who took part and gave up their time freely to help and volunteer for 16 Days of Action 2019. Please share this document widely, campaign hashtags and social media posts to ensure the very best reach of this information.

Who to contact if you need help, advice or information

To report incidence of domestic abuse call 101 or 999 in an emergency. To speak to someone in the Police Domestic Abuse unit, call 01324 574905. Messages can be left on a confidential answerphone and messages are picked up during office hours Monday to Friday and on Sundays. Alternatively you can email dau@centralscotland.pnn.police.uk

Women's Aid

Clackmannanshire **01259 721407**

Stirling **01786 470897**

Shakti **0131 4752399** (*support for BME and other nationalities*)

Hemat Gryffe **0141 3530859** (*support for BME women*)

Forth Valley Rape Crisis **01786 439244**

Committed to Ending Abuse (C.E.A) - Falkirk **01324 635661**

Wellbeing Scotland **01324 630100**

Victim Support **01786 445782 / 01324 633433**

Relationship Scotland **0345 119 200**

Addictions, Support, Counselling (ASC) **01324 874969**

Change, Grow, Live **0845 673 1774**

Dates-n-Mates **0141 427 2957**

Scottish Domestic Abuse and force Marriage Helpline - free confidential and available 24 hours a day, 7 days a week **0800 0271234**

Central Advocacy Partners **01324 633321**

(*advocacy and support for people with learning disabilities*)

Men's Advice line – confidential helpline for all men experiencing domestic abuse **0808 8010327**

Galop – emotional and practical support for LGBT people experiencing domestic abuse **0800 9995428**

Revenge Porn helpline offer free confidential advice and support for men and women +18 **0345 6000459**

Respect helpline offers information and advice to people who are abusive towards their partners and want to help to stop **0808 8024040**

Scottish Women's Rights Centre - new Advocacy Support Helpline

Advocacy workers will be available once a week to answer questions around issues like housing, child welfare, benefits, employment, among many others, as well as to explain legal processes and signpost women to relevant support services. Through this helpline we will also identify women who might benefit from short or long-term non-legal representation, so we can advocate for their rights.

The helpline is available on: 08088 010 789 every Tuesday, 11 am to 2 pm. You can find out more information here:

www.scottishwomensrightscentre.org.uk/advocacy-support/